Distribution Date: 12/26/06



New York, NY 10286

Kelly Crosson Officer:

212-815-3235

Associate: William Herrmann

212-815-7080

First Horizon Asset Securities Inc.

First Horizon ABS Trust 2006-HE1 First Horizon HELOC Notes, Series 2006-HE1 The Bank of New York, as Trustee

Certificateholder Monthly Distribution Summary

Class	Cusip	Class Description	Certificate Rate Type	Beginning Balance	Pass Through Rate (%)	Principal Distribution	Interest Distribution	Total Distribution	Current Realized Losses	Ending Balance	Cumulative Realized Losses
Note EQ INT	32051GZ73	Senior Residual	Var-Act/360 Var-Act/360	248,434,306.37 0.00	5.480000 0.000000	6,055,794.12 0.00	1,096,699.44 0.00	7,152,493.57 0.00	0.00 0.00	242,378,512.25 0.00	0.00 0.00
Totals				248,434,306.37		6,055,794.12	1,096,699.44	7,152,493.57	0.00	242,378,512.25	0.00



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Principal Distribution Detail

Class	Cusip	Original Certificate Balance	Beginning Certificate Balance	Scheduled Principal Distribution	Net Principal Distribution	Current Realized Losses	Ending Certificate Balance	Ending Certificate Factor
Note EQ INT	32051GZ73	299,800,000.00 0.00	248,434,306.37 0.00	6,055,794.12 0.00	6,055,794.12 0.00	0.00 0.00	242,378,512.25 0.00	0.80846735239 0.000000000000
Totals		299,800,000.00	248,434,306.37	6,055,794.12	6,055,794.12	0.00	242,378,512.25	



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Interest Distribution Detail

Class	Beginning Certificate Balance	Pass Through Rate (%)	Effective Coupon (%)	Current Interest	Total Interest Due	Net Rate Carryover Paid	Net Interest Shortfall	Interest Paid	Net Rate Carryover After Dist.
Note EQ INT	248,434,306.37 0.00		5.480000 0.000000	1,096,699.44 0.00	1,096,699.44 0.00	0.00 0.00	0.00 0.00	1,096,699.44 0.00	0.00 0.00
Totals	248,434,306.37			1,096,699.44	1,096,699.44	0.00	0.00	1,096,699.44	0.00

Distribution Date: 12/26/06



101 Barclay Street, 8 West New York, NY 10286

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> Current Payment Information Factors per \$1,000

Class	Cusip	Original Certificate Balance	Beginning Certificate Balance	Principal Distribution	Interest Distribution	Ending Certificate Balance	Pass Through Rate (%)
Note EQ INT	32051GZ73	299,800,000.00 0.00	828.666799097 0.000000000	20.199446709 0.000000000	3.658103548 0.000000000	808.467352388 0.000000000	5.480000 0.000000
Totals		299,800,000.00	828.666799099	20.199446698	3.658103536	808.467352402	



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Pool Level Data

Distribution Date 12/26/06 Cut-off Date 03/02/06 11/30/06 Record Date **Determination Date** 12/18/06 Accrual Period 30/360 Begin 11/02/06 End 12/02/06 Number of Days in 30/360 Accrual Period 30 Accrual Period Actual Days 11/27/06 Begin End 12/26/06 Number of Days in Actual Accrual Period

Interest Details on Classes

One-Month Libor Rate5.32000%Available Funds Rate7.90832%Class A Coupon5.48000%Libor Carryover Amount Paid0.00Libor Carryover Amount Remaining0.00

Collateral Detail

Original Mortgage Loan Details

Original Aggregate Loan Count6,043Original Stated Principal Balance299,803,477.46Original Weighted Average Mortgage Rate7.56382%Original Weighted Average Net Mortgage Rate7.05782%Original Weighted Average Remaining Term233Original Invested Amount299,803,477.46

Current Mortgage Loan Details



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First Horizon Asset Securities Inc.

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Beginning Aggregate Loan Count Ending Aggregate Loan Count	4,811 4,695
Beginning Pool Stated Principal Balance Principal Collected Draws Charge Offs Ending Pool Stated Principal Balance	251,981,835.50 12,286,196.85 6,703,265.46 300,380.00 246,098,524.11
Beginning Invested Amount Ending Invested Amount	252,075,735.55 246,492,804.16
Beginning Weighted Average Mortgage Rate Beginning Weighted Average Net Mortgage Rate Ending Weighted Average Mortgage Rate Ending Weighted Average Net Mortgage Rate	8.43027% 7.92427% 8.42616% 7.92016%
Beginning Weighted Average Remaining Term to Maturity Ending Weighted Average Remaining Term to Maturity	225 224

Collections

Interest Collections

Interest Collected	1,704,163.47
Net Recoveries	0.00
Other Amounts Allocated to Interest	<u>0.00</u>
Total Interest Collections	1,704,163.47
Less: Servicer Fee	104,992.43
Total Net Interest Collections	$1,\overline{599,171.04}$

Principal

Principal Collected	12,286,196.85
Other amounts allocated to Principal	0.00
Total Principal Collections	<u>12,286,196.85</u>



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Invoctor	Amounts
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Beginning Investor Amount 252,075,735.55

Floating Allocation Percentage
Net Interest Collections
Invested Interest Collections
1,599,171.04
1,599,766.96

Principal Collections
12,286,196.85
Principal Draws
6,703,265.46
Investor Principal Distribution Amount
5,582,931.39

Investor Charge Offs

Ending Investor Amount 246,492,804.16

Rapid Amortization Event NO

Prior to March 2011, the Investor Principal Distribution Amount will be excess of Prin Collected over Draws, if any. The Investor Principal Distribution Amount shall be reduced by the OC Reduction Amount, if any.

Distribution Account

Beginning Balance 0.00

Deposits Available Funds 7,182,102.43
Other Deposits Required by the SSA 0.00

Total Deposits 7,182,102.43

Withdrawals To the Trustee, the Trustee Fee 1,259.91 To the Insureer, the Premium 28,984.00

To the Insureer, the Premium

To the Classes, Principal and Interest

Total Withdrawals

7,152,493.57

7,182,737.48

Ending Balance 0.00



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Mortgage P	Prepayment Details
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Aggregate Pool Prepayment Amount (Gross)	12,586,576.85
Gross CPR	45.93008%
Aggregate Pool Prepayment Amount (Net)	5,883,311.39
Net CPR	24.68573%
Draw Amount	6,703,265.46
Draw Rate	27.64235%

Fees of the Trust

Gross Master Servicing Fee	104,992.43
Net Master Servicing Fee	104,992.43
Trustee Fee	1,259.91
Excess Master Servicing Compensation	0.00
Bond Insurance Premium	<u>28,984.00</u>
Total Net Loan Fees	135,236.34

Servicer Advances

Principal Advances	0.00
Interest Advances	<u>0.00</u>
Total Advances	0.00

Advances made with Regard to the Mortgage Loans Other than Prinicpal and Interest on Delinquent Payments

NONE



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Collateral Tests	
Delinquency Step-Down Test	
Rolling Delinq Pct Delinq Step-Down Trigger Pass Delinq Test	0.229% 8.000% YES
Cumulative Charge-Off Step-Down Test	
Cumu Charge-Off Pct Cumu Charge-Off Pct Test Pass Cumu Charge-Off Pct Test	0.001% 0.000% NO
Excess Spread Step Up Event	
Three Month Rolling Avg Excess Spread Has Excess Spread Step Up Event Occurred	2.185% NO
Specified OC Amount	
Step-Down Date Step-Down Test Satisfied Excess Spread Step Up Event, Cond 1 Excess Spread Step Up Event, Cond 2	NO NO NO NO
Base OC Amount Step Down Base OC Amount Step Up Base OC Amount, Cond1 Step Up Base OC Amount, Cond2	5,696,266.07 0.00 0.00 0.00
Specified OC Amount	5,696,266.07



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OC Details

 Specified OC
 5,696,266.07

 Excess Spread
 472,862.73

 Excess Spread Distributable
 0.00

 Excess OC
 0.00

 OC Reduction
 0.00

 Ending OC Amount
 3,720,011.86

 Ending OC Deficiency
 1,581,974.16

OC building begins in May 2006



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Delinquency Information

Delinquency Information

	30-59 Days				60-89 Da	ıys	_		90+ Day	/S		
	Loan Count	Loan Count %	Balance	Balance %	Loan Count	Loan Count %	Balance	Balance %	Loan Count	Loan Count %	Balance	Balance %
Group 1	6	0.12780%	392,542.48	0.15951%	5	0.10650%	622,000.71	0.25274%	2	0.04260%	58,286.27	0.02368%

Foreclosure					Bankrupt	tcy			REO			
	Loan Count	Loan Count %	Balance	Balance %	Loan Count	Loan Count %	Balance	Balance %	Loan Count	Loan Count %	Balance	Balance %
Group 1	0	0.00000%	0.00	0.00000%	2	0.04260%	66,981.25	0.02722%	0	0.00000%	0.00	0.00000%

Realized Loss Detail

Current Period Realized Losses Cumulative Realized Losses Total Liquidated Loan Balance Total Liquidated Proceeds Subsequent Recoveries 300,380.00 394,280.05 300,380.00 0.00 0.00

Loan ID	Liquidation Balance	Liquidation Proceeds	Realized Loss	Date

<u>Group I</u> 396866952 300,380.00 0.00 300,380.00

Material Changes to Pool Assets Disclosure



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Material Modifications, extensions or waivers to pool asset tems, fees, penalties or payments Material breaches of pool asset representations or warranties or transaction convenants

NONE NONE



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First Horizon Asset Securities Inc.

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Issuance Coupon	Number of Items	Percent of Items	Principal Balance	Percent of Balance
<= 5.000000000000	0	0.000	0.00	0.000
5.00000000000 - 5.501000000000	0	0.000	0.00	0.000
5.501000000000 - 6.001000000000	0	0.000	0.00	0.000
6.001000000000 - 6.501000000000	0	0.000	0.00	0.000
6.501000000000 - 7.001000000000	243	5.039	19,323,714.37	7.852
7.001000000000 - 7.501000000000	1896	39.320	96,492,787.91	39.209
7.501000000000 - 8.001000000000	891	18.478	64,877,867.44	26.363
8.001000000000 - 8.501000000000	956	19.826	34,651,924.40	14.081
8.501000000000 - 9.001000000000	296	6.139	11,307,100.87	4.595
9.001000000000 - 9.501000000000	323	6.698	11,283,378.61	4.585
9.501000000000 - 10.001000000000	102	2.115	4,433,968.51	1.802
10.001000000000 - 10.501000000000	70	1.452	2,386,985.46	0.970
10.501000000000 - 11.001000000000	14	0.290	539,036.59	0.219
11.001000000000 - 11.501000000000	26	0.539	699,649.96	0.284
11.501000000000 - 12.001000000000	4	0.083	90,190.58	0.037
12.001000000000 - 12.501000000000	1	0.021	11,919.41	0.005
> 12.501000000000	0	0.000	0.00	0.000
Wgt Ave / Total:	4822	100.000	246,098,524.11	100.000

Update	Term	Number of Items	Percent of Items	Principal Balance	Percent of Balance
<= 120	120	0	0.000	0.00	0.000
120 - 180 -	180 300	4813	0.083 99.813	46,697.05 245,747,529.27	0.019 99.857
300 -	360 360	5	0.104 0.000	304,297.79 0.00	0.124 0.000
Wį	gt Ave / Total:	4822	100.000	246,098,524.11	100.000